

| Pl | Stnr | Name | g | Verein | E1 | E2 | Zeit | | |
|------------------|------|-----------------------|----|-----------------------|--------|----|---------|----|---------|
| D 14 (16) | | | | | | | | | |
| 1 | 108 | Kayla Ritzenthaler | 02 | TSV Jetzendorf | 11:49 | 2 | 13:56 | 1 | 25:45 |
| 2 | 122 | Verena Hötzing | 04 | TSV Natternberg | 12:43 | 3 | 16:43 | 3 | 29:26 |
| 3 | 11 | Lorena Tramontano | 03 | TV 1894 Coburg-Neuses | 14:51 | 8 | 15:08 | 2 | 29:59 |
| 4 | 137 | Yvonne Mindt | 03 | SV Mietraching | 14:25 | 6 | 16:45 | 4 | 31:10 |
| 5 | 130 | Lara Geiger | 05 | SV Mietraching | 11:46 | 1 | 19:45 | 7 | 31:31 |
| 6 | 202 | Pia Bisani | 02 | TSV Natternberg | 13:38 | 5 | 19:54 | 8 | 33:32 |
| 7 | 116 | Elenor Scharf | 02 | MTV Bamberg | 15:16 | 9 | 18:50 | 5 | 34:06 |
| 8 | 30 | Katharina Kraus | 04 | OLG Regensburg | 16:33 | 11 | 18:52 | 6 | 35:25 |
| 9 | 9 | Antonia Jacobi | 04 | TV 1894 Coburg-Neuses | 14:31 | 7 | 21:54 | 9 | 36:25 |
| 10 | 7 | Klara Holzhaus | 05 | TV 1894 Coburg-Neuses | 15:59 | 10 | 23:51 | 11 | 39:50 |
| 11 | 109 | Conny Holtz | 06 | TSV Jetzendorf | 18:59 | 12 | 22:28 | 10 | 41:27 |
| 12 | 145 | Luise Döhler | 07 | SV Pechbrunn-Groschat | 22:04 | 13 | 33:04 | 12 | 55:08 |
| 13 | 8 | Luise Holzhaus | 05 | TV 1894 Coburg-Neuses | 22:36 | 14 | 1:10:51 | 13 | 1:33:27 |
| | 138 | Anna-Lena Tannerbauer | 04 | SV Mietraching | 12:45 | 4 | Fehlst | | |
| | 10 | Noemi Reuß | 06 | TV 1894 Coburg-Neuses | N Ang | | N Ang | | |
| | 144 | Karla Döhler | 05 | SV Pechbrunn-Groschat | N Ang | | N Ang | | |
| H 14 (14) | | | | | | | | | |
| 1 | 105 | Ole Magnus Baath | 06 | TSV Jetzendorf | 10:34 | 2 | 13:13 | 1 | 23:47 |
| 2 | 52 | Luis Lang | 03 | OLG Regensburg | 10:53 | 3 | 13:45 | 2 | 24:38 |
| 3 | 6 | Anton Tatzel | 04 | TV 1894 Coburg-Neuses | 12:14 | 7 | 14:32 | 3 | 26:46 |
| 4 | 31 | Konstantin Kraus | 02 | OLG Regensburg | 9:44 | 1 | 17:48 | 6 | 27:32 |
| 5 | 69 | Jakob Oechler | 06 | OLV Landshut | 12:08 | 6 | 16:33 | 4 | 28:41 |
| 6 | 131 | Maximilian Kilger | 04 | SV Mietraching | 12:21 | 8 | 18:26 | 7 | 30:47 |
| 7 | 110 | Marcel Montes | 06 | TSV Jetzendorf | 14:08 | 9 | 19:19 | 8 | 33:27 |
| 8 | 45 | David Burgmair | 05 | OLG Regensburg | 16:11 | 12 | 17:41 | 5 | 33:52 |
| 9 | 129 | Felix Fischl | 03 | SV Mietraching | 15:02 | 11 | 20:43 | 9 | 35:45 |
| 10 | 2 | Daniel Cionoiu | 05 | TV 1894 Coburg-Neuses | 11:54 | 5 | 24:23 | 11 | 36:17 |
| | 13 | Leo Adler | 06 | TV 1894 Coburg-Neuses | 20:12 | 13 | Fehlst | | |
| | 163 | Samuel Möhrlein | | TSV Jetzendorf | Fehlst | | 23:17 | 10 | |
| | 72 | Jack Hay | 07 | OC München | 14:17 | 10 | Fehlst | | |
| | 33 | Yannick Lieblich | 04 | OLG Regensburg | 11:13 | 4 | Fehlst | | |
| D 18 (13) | | | | | | | | | |
| 1 | 149 | Isabel Seeger | 98 | Baiersdorfer SV | 13:52 | 1 | 13:07 | 1 | 26:59 |
| 2 | 37 | Ines Schikora | 01 | OLG Regensburg | 15:54 | 4 | 15:31 | 3 | 31:25 |
| 3 | 20 | Leonie Amann | 01 | OLG Regensburg | 15:55 | 5 | 15:42 | 4 | 31:37 |
| 4 | 27 | Jasmin Hertel | 02 | OLG Regensburg | 15:51 | 3 | 16:23 | 5 | 32:14 |
| 5 | 28 | Katrin Hertel | 02 | OLG Regensburg | 14:10 | 2 | 19:20 | 8 | 33:30 |
| 6 | 34 | Amelie Nürnberger | 01 | OLG Regensburg | 17:40 | 7 | 16:37 | 6 | 34:17 |
| 7 | 32 | Sophie Kraus | 00 | OLG Regensburg | 19:21 | 9 | 15:22 | 2 | 34:43 |
| 8 | 29 | Antonia Kerscher | 01 | OLG Regensburg | 17:00 | 6 | 19:07 | 7 | 36:07 |
| 9 | 5 | Zoe Reuß | 98 | TV 1894 Coburg-Neuses | 18:11 | 8 | 20:25 | 10 | 38:36 |
| 10 | 120 | Julia Hansbauer | 99 | TSV Natternberg | 20:39 | 10 | 19:51 | 9 | 40:30 |
| 11 | 3 | Melissa Heinze | 01 | TV 1894 Coburg-Neuses | 22:33 | 12 | 22:42 | 11 | 45:15 |
| 12 | 119 | Veronika Engl | 01 | TSV Natternberg | 21:21 | 11 | 25:50 | 12 | 47:11 |
| | 143 | Jule Döhler | 01 | SV Pechbrunn-Groschat | 23:59 | 13 | Fehlst | | |
| H 18 (13) | | | | | | | | | |
| 1 | 39 | Philipp Schwarck | 99 | OLG Regensburg | 14:42 | 1 | 15:40 | 1 | 30:22 |
| 2 | 42 | Felix Wartner | 99 | OLG Regensburg | 15:48 | 2 | 17:47 | 2 | 33:35 |
| 3 | 114 | Timo Lubas | 00 | MTV Bamberg | 16:46 | 4 | 21:30 | 5 | 38:16 |
| 4 | 124 | Philipp Dingfelder | 01 | TSV Ipsheim | 19:13 | 6 | 20:10 | 3 | 39:23 |
| 5 | 26 | Niklas Hannig | 00 | OLG Regensburg | 18:09 | 5 | 21:51 | 6 | 40:00 |

| Pl | Stnr | Name | g | Verein | E1 | | E2 | | Zeit |
|------------------|------|------------------------|----|------------------------|--------|----|--------|----|---------|
| H 18 (13) | | <i>(Forts.)</i> | | | | | | | |
| 6 | 21 | Lorenz Brandl | 99 | OLG Regensburg | 19:15 | 7 | 22:05 | 7 | 41:20 |
| 7 | 86 | Alexander Bauer | 01 | TV Osterhofen | 22:21 | 8 | 24:23 | 8 | 46:44 |
| 8 | 44 | Philipp Zeitler | 00 | OLG Regensburg | 22:21 | 8 | 25:50 | 9 | 48:11 |
| 9 | 112 | Philipp Hack | 00 | MTV Bamberg | 22:38 | 10 | 29:37 | 10 | 52:15 |
| 10 | 118 | Felix Celorio | 01 | TSV Natternberg | 36:33 | 11 | 49:55 | 11 | 1:26:28 |
| | 49 | Benedikt Lehner | 01 | OLG Regensburg | Fehlst | | 20:25 | 4 | |
| | 47 | Tobias Spangenberg | 98 | OLG Regensburg | 16:29 | 3 | N Ang | | |
| | 111 | Noah Fichtner | 99 | MTV Bamberg | N Ang | | N Ang | | |
| D 19 (9) | | | | | | | | | |
| 1 | 60 | Britta Meißner | 90 | OLV Landshut | 16:17 | 2 | 17:03 | 1 | 33:20 |
| 2 | 107 | Katrin Lorenz-Baath | 78 | TSV Jetzendorf | 15:58 | 1 | 17:46 | 3 | 33:44 |
| 3 | 81 | Blandine Ehrl | 82 | FC Forstern | 16:29 | 3 | 17:45 | 2 | 34:14 |
| 4 | 67 | Anna Schöps | 93 | OLV Landshut | 16:47 | 4 | 19:23 | 5 | 36:10 |
| 5 | 133 | Maria Lange | 91 | SV Mietraching | 17:13 | 5 | 19:13 | 4 | 36:26 |
| 6 | 48 | Emily Ungermann | 94 | OLG Regensburg | 17:35 | 6 | 19:46 | 6 | 37:21 |
| 7 | 200 | Kitti Boros | 97 | TV 1894 Coburg-Neuses | 20:06 | 7 | 22:55 | 7 | 43:01 |
| 8 | 18 | Stephanie Fischer | 94 | OLG Regensburg | 22:26 | 8 | 26:17 | 8 | 48:43 |
| | 150 | Monika Kalicinska | 89 | US-Army | N Ang | AK | N Ang | AK | |
| H 19 (17) | | | | | | | | | |
| 1 | 50 | Korbinian Lehner | 96 | OLG Regensburg | 14:47 | 2 | 16:29 | 1 | 31:16 |
| 2 | 74 | Teodor Yordanov | 84 | OC München | 14:38 | 1 | 17:08 | 2 | 31:46 |
| 3 | 78 | Mattis Holt | 94 | OC München | 14:54 | 3 | 17:12 | 3 | 32:06 |
| 4 | 17 | Valtteri Kolehmainen | 94 | OLG Regensburg | 15:44 | 4 | 19:12 | 5 | 34:56 |
| 5 | 58 | Lukas Janischowsky | 97 | OLG Regensburg | 16:02 | 5 | 19:04 | 4 | 35:06 |
| 6 | 132 | Korbinian Lange | 97 | SV Mietraching | 16:25 | 7 | 19:43 | 6 | 36:08 |
| 7 | 36 | Julian Nürnberger | 96 | OLG Regensburg | 16:06 | 6 | 20:29 | 7 | 36:35 |
| 8 | 56 | Daniel Janischowsky | 95 | OLG Regensburg | 17:07 | 9 | 21:02 | 10 | 38:09 |
| 9 | 12 | Wolfram Pohl | 95 | TV 1894 Coburg-Neuses | 18:05 | 10 | 20:47 | 9 | 38:52 |
| 10 | 127 | Georg Biller jun. | 88 | SV Mietraching | 18:48 | 11 | 20:32 | 8 | 39:20 |
| 11 | 201 | Hannes Höfer | 85 | TV 1894 Coburg-Neuses | 17:04 | 8 | 23:29 | 14 | 40:33 |
| 12 | 92 | Tobias Geiger | 87 | TV Coburg-Ketschendorf | 20:00 | 12 | 22:04 | 11 | 42:04 |
| 13 | 59 | Christoph Körner | 89 | OLV Landshut | 20:56 | 13 | 22:04 | 11 | 43:00 |
| 14 | 93 | Alexander Tippelt | 85 | TV Coburg-Ketschendorf | 21:39 | 14 | 23:12 | 13 | 44:51 |
| 15 | 117 | Tim Vogler | 97 | MTV Bamberg | 24:02 | 15 | 28:19 | 15 | 52:21 |
| | 199 | Attila Korózs | 92 | Egri Spartacus SE | 18:11 | AK | 21:00 | AK | |
| | 142 | Eirik Mofoss | 93 | BUL Tromsø | N Ang | AK | N Ang | AK | |
| D 35 (2) | | | | | | | | | |
| | 68 | Heike Oechler | 76 | OLV Landshut | 18:36 | 2 | Fehlst | | |
| | 16 | Katja-Christine Böhme | 70 | OLG Regensburg | 15:17 | 1 | Fehlst | | |
| H 35 (13) | | | | | | | | | |
| 1 | 63 | Ralph Körner | 80 | OLV Landshut | 15:54 | 1 | 16:57 | 1 | 32:51 |
| 2 | 76 | Daniel Heininger | 81 | OC München | 16:01 | 2 | 17:00 | 2 | 33:01 |
| 3 | 71 | Peter Weinig | 71 | OC München | 16:24 | 3 | 18:01 | 3 | 34:25 |
| 4 | 101 | Sebastian Groß | 74 | SV Wissenschaft Quedli | 18:19 | 4 | 20:45 | 4 | 39:04 |
| 5 | 123 | Michael Bially | 73 | TSV Ipsheim | 20:45 | 5 | 24:10 | 5 | 44:55 |
| | 160 | Christian Gunsenheimer | 74 | TSV Weitramsdorf | 24:00 | 6 | Fehlst | | |
| | 55 | Matthias Reinwald | 73 | OLG Regensburg | Fehlst | | 28:58 | 7 | |
| | 102 | Sven Göbel | 77 | Gymnasion Offenbach e. | Fehlst | | 25:11 | 6 | |
| | 96 | Ralf Karassek | 81 | SV Handwerk Erfurt | N Ang | | N Ang | | |

| Pl | Stnr | Name | g | Verein | E1 | E2 | Zeit | | |
|------------------|------|----------------------|----|-----------------------|--------|-------|--------|----|-------|
| H 35 (13) | | <i>(Forts.)</i> | | | | | | | |
| | 61 | Florian Lang | 77 | OLV Landshut | N Ang | N Ang | | | |
| | 77 | Sergey Cherniavsky | 72 | OC München | N Ang | N Ang | | | |
| | 100 | Björn Kramer | 79 | TSG Creidlitz | N Ang | N Ang | | | |
| | 1 | Markus Klingseis | 74 | Ohne Verein | N Ang | N Ang | | | |
| D 45 (14) | | | | | | | | | |
| 1 | 79 | Ilka Rathje-Kübler | 66 | OC München | 16:13 | 1 | 15:58 | 1 | 32:11 |
| 2 | 83 | Gertrud Liebl | 68 | TV Osterhofen | 16:22 | 2 | 17:00 | 2 | 33:22 |
| 3 | 153 | Christiane Geiger | 68 | OLA TSV Deggendorf | 16:37 | 3 | 18:06 | 3 | 34:43 |
| 4 | 139 | Karin Vogl | 70 | SV Mietraching | 17:27 | 4 | 18:12 | 4 | 35:39 |
| 5 | 135 | Petra Lange | 63 | SV Mietraching | 18:23 | 5 | 19:07 | 5 | 37:30 |
| 6 | 46 | Birgit Spangenberg | 65 | OLG Regensburg | 19:43 | 7 | 19:25 | 7 | 39:08 |
| 7 | 62 | Andrea Schultze | 62 | OLV Landshut | 20:28 | 9 | 19:08 | 6 | 39:36 |
| 8 | 152 | Ingrid Hufnagel | 66 | OLA TSV Deggendorf | 23:27 | 11 | 22:49 | 8 | 46:16 |
| 9 | 87 | Martha Fritz | 67 | TV Osterhofen | 22:31 | 10 | 25:50 | 10 | 48:21 |
| 10 | 136 | Birgit Mindt | 69 | SV Mietraching | 25:22 | 12 | 26:18 | 11 | 51:40 |
| 11 | 98 | Kerstin Bagschik | 62 | SV Kyffhäuser | 26:42 | 13 | 25:26 | 9 | 52:08 |
| | 64 | Jana Ropertz | 68 | OLV Landshut | 18:44 | 6 | Fehlst | | |
| | 43 | Petra Weber | 65 | OLG Regensburg | 20:19 | 8 | Fehlst | | |
| | 147 | Friederike Seeger | 63 | Baiersdorfer SV | N Ang | | N Ang | | |
| H 45 (16) | | | | | | | | | |
| 1 | 90 | Michael Thierolf | 62 | TSG Bad König | 13:21 | 1 | 14:30 | 1 | 27:51 |
| 2 | 57 | Klemens Janischowsky | 66 | OLG Regensburg | 16:06 | 2 | 18:15 | 3 | 34:21 |
| 3 | 106 | Veikko Baath | 64 | TSV Jetzendorf | 17:04 | 6 | 18:06 | 2 | 35:10 |
| 4 | 140 | Roland Vogl | 68 | SV Mietraching | 16:58 | 4 | 18:33 | 4 | 35:31 |
| 5 | 84 | Siegfried Liebl | 65 | TV Osterhofen | 16:58 | 4 | 18:52 | 5 | 35:50 |
| 6 | 38 | Manfred Schwarck | 70 | OLG Regensburg | 16:43 | 3 | 19:12 | 7 | 35:55 |
| 7 | 15 | André Böhme | 60 | OLG Regensburg | 17:14 | 7 | 19:12 | 7 | 36:26 |
| 8 | 73 | Eckart Voskamp | 66 | OC München | 19:37 | 12 | 19:19 | 9 | 38:56 |
| 9 | 121 | Stefan Hötzing | 69 | TSV Natternberg | 20:28 | 13 | 19:09 | 6 | 39:37 |
| 10 | 51 | Richard Rosner | 71 | OLG Regensburg | 18:48 | 9 | 21:18 | 11 | 40:06 |
| 11 | 35 | Erich Nürnberger | 63 | OLG Regensburg | 19:02 | 10 | 21:45 | 12 | 40:47 |
| 12 | 75 | Ari Kolehmainen | 62 | OC München | 18:11 | 8 | 23:25 | 13 | 41:36 |
| 13 | 88 | Peter Weigold | 62 | TV Osterhofen | 19:10 | 11 | 27:47 | 14 | 46:57 |
| 14 | 182 | Alexander Hagen | | TSV Jetzendorf | 21:02 | 14 | 28:10 | 15 | 49:12 |
| | 80 | Hansjörg Kübler | 64 | OC München | Fehlst | | 21:14 | 10 | |
| | 157 | Michael Meier | 66 | Frankenpost | N Ang | AK | N Ang | AK | |
| D 55 (3) | | | | | | | | | |
| 1 | 91 | Viola Kaiser | 59 | ESV Lok Bad Schandau | 15:48 | 1 | 17:21 | 1 | 33:09 |
| 2 | 14 | Martina Huth | 56 | TV 1894 Coburg-Neuses | 16:50 | 2 | 21:26 | 2 | 38:16 |
| | 126 | Renate Tröße | 54 | SV TU Ilmenau | N Ang | | N Ang | | |
| H 55 (13) | | | | | | | | | |
| 1 | 148 | Guido Seeger | 60 | Baiersdorfer SV | 15:24 | 2 | 15:06 | 1 | 30:30 |
| 2 | 156 | Michael Möser | 55 | USV TU Dresden | 14:28 | 1 | 17:10 | 4 | 31:38 |
| 3 | 4 | Ralph Meißner | 53 | TV 1894 Coburg-Neuses | 16:39 | 6 | 16:09 | 2 | 32:48 |
| 4 | 97 | Klaus Göhring | 57 | SV Handwerk Erfurt | 16:29 | 5 | 16:55 | 3 | 33:24 |
| 5 | 113 | Roger Helling | 61 | MTV Bamberg | 17:56 | 7 | 17:10 | 4 | 35:06 |
| 6 | 66 | Gerhard Werthmann | 52 | OLV Landshut | 15:52 | 4 | 19:47 | 6 | 35:39 |
| 7 | 134 | Peter Lange | 56 | SV Mietraching | 19:50 | 8 | 22:34 | 7 | 42:24 |
| 8 | 82 | Josef Kümpfbeck | 56 | TV Osterhofen | 20:02 | 9 | 23:01 | 8 | 43:03 |
| 9 | 128 | Georg Biller sen. | 58 | SV Mietraching | 21:46 | 10 | 31:51 | 9 | 53:37 |

| Pl | Stnr | Name | g | Verein | E1 | | E2 | | Zeit |
|------------------|------|------------------|----|--------------------|--------|----|--------|----|-------|
| H 55 (13) | | <i>(Forts.)</i> | | | | | | | |
| | 158 | Vladimir John | 55 | Expres Czech Team | 16:36 | AK | 16:29 | AK | |
| | 159 | Jiri Gawel | 57 | Expres Czech Team | 20:09 | AK | 19:15 | AK | |
| | 99 | Norbert Bagschik | 58 | SV Kyffhäuser | 15:35 | 3 | Fehlst | | |
| | 115 | Michael Schalle | 58 | MTV Bamberg | N Ang | | N Ang | | |
| H 65 (8) | | | | | | | | | |
| 1 | 154 | Jürgen Schwanitz | 49 | OLA TSV Deggendorf | 14:15 | 1 | 18:22 | 1 | 32:37 |
| 2 | 19 | Viktor Jarkov | 42 | OLG Regensburg | 16:49 | 2 | 19:34 | 2 | 36:23 |
| 3 | 85 | Georg Reischl | 34 | TV Osterhofen | 18:08 | 4 | 21:28 | 3 | 39:36 |
| 4 | 95 | Gerhard Horn | 36 | TGV Horn | 21:54 | 5 | 25:47 | 5 | 47:41 |
| 5 | 155 | Rudolf Lorenz | 36 | OLA TSV Deggendorf | 22:56 | 6 | 30:54 | 6 | 53:50 |
| | 94 | Reinhard Wieland | 50 | Ski-Club Lauf | 17:14 | 3 | Aufg | | |
| | 65 | Arndt Werthmann | 51 | OLV Landshut | Fehlst | | 23:10 | 4 | |
| | 125 | Lutz Tröße | 50 | SV TU Ilmenau | N Ang | | N Ang | | |